

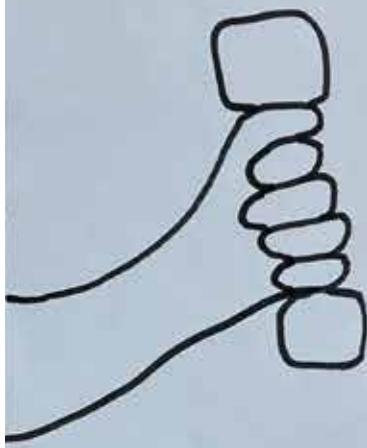
First a palm leaf, and then a victory wreath were given to the winners of the five pentathlon events 2,000 years ago in ancient Roman cities.

Villa Romana, Piazza Armerina Sicily, Italy 300 CE

Activity: Print out these posters on regular white paper either 8 1/2 by 11 inches or 11 by 17" for a coloring activity about sports for boys and girls in Ancient Rome, or use the digital files on a tablet to trace your own posters.

# 2,500 year old Sports Equipment

for female and  
male athletes



Piazza  
Armerina,  
Sicily  
300 CE

mosaics of  
female  
pentathletes  
competing  
in "subligar"  
that resemble what  
modern track athletes wear today in competition.

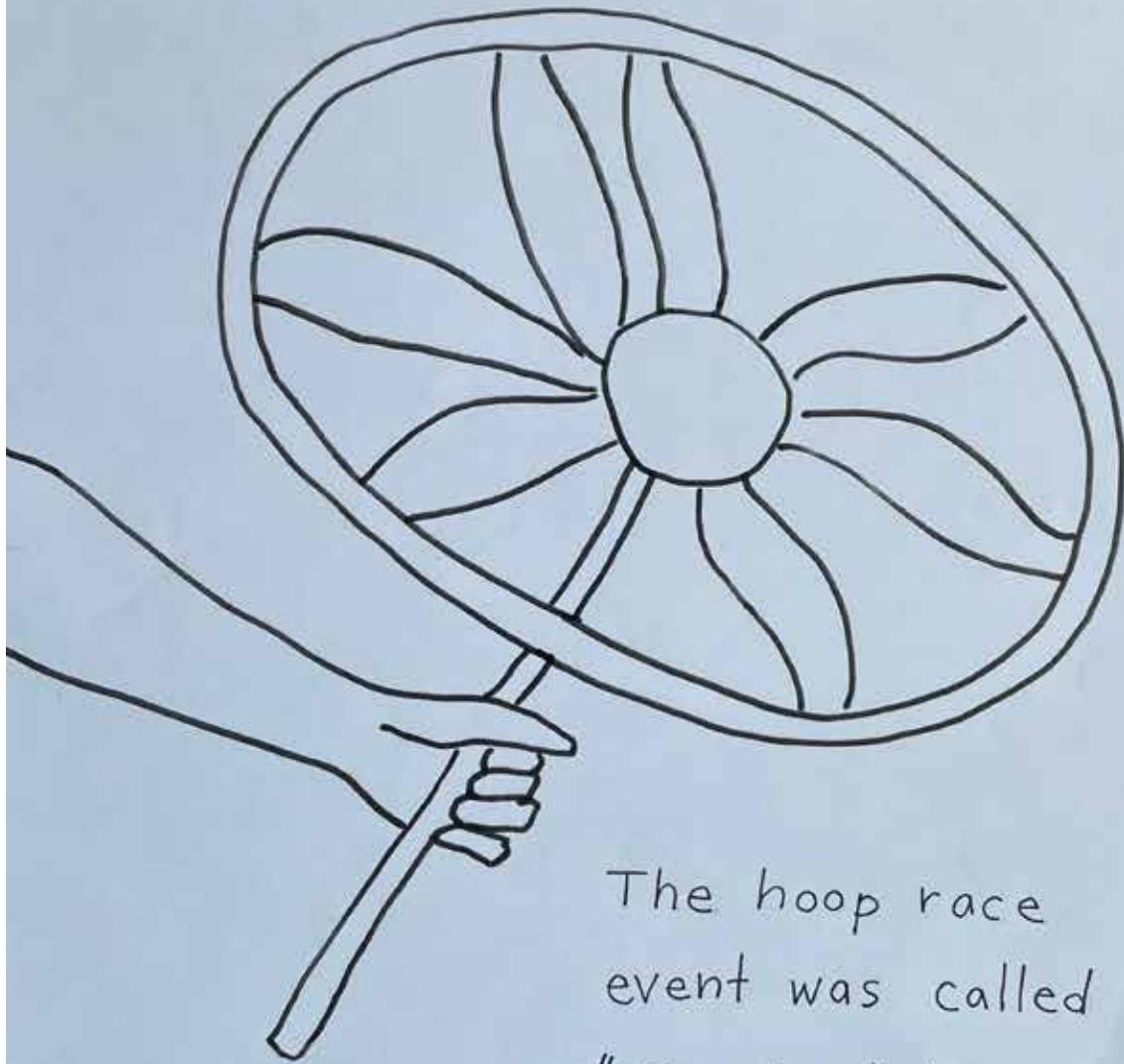
Weights used in  
long jump called  
"Halteres" by  
ancient Romans in  
the pentathlon  
on three  
Continents.

British Museum,  
London  
500 BCE

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2,000 year old

Sports Equipment for both  
girls and boys in the pentathlon



The hoop race  
event was called  
"Trochus" by  
ancient Romans.

Villa Romana, Piazza Armerina Sicily, Italy 300 CE

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